

## HOW TO BECOME A REGULAR ASSISTANT

Regular Assistant: An assistant whose qualifications are not equal to those of the provider shall be known as a regular assistant. A regular assistant must, at a minimum, be 18 years of age and have a background free of conduct, which in the judgment of the Office, would bear adversely on his or her ability to care for children. A regular assistant may work under the general supervision of a family child care provider, family child care plus provider, or large family child care provider and under the following conditions:

(a) A regular assistant may be alone, on the premises, with up to six children, in accordance with terms of 102 CMR 8.21(3)(a), 8.31(4)(a), and 8.41(3)(a), for up to twenty-five (25) hours in a twelve (12) month period or up to eight (8) hours in a seven (7) day period. In order to care for children alone, as described previously, all assistants must be currently certified in first aid and CPR.

(b) In large family child care homes and family child care plus homes, a regular assistant working with another approved caregiver must be under the general supervision of the provider or certified assistant at all times. A regular assistant cannot be alone with children except as allowed by 102 CMR 8.05(3) (a).

- 1. Complete the regular assistant application.** The application can be found on the Department of Early Education and Care website: [www.eec.state.ma.us](http://www.eec.state.ma.us) or by calling EEC: 978-681-9684. Mail the application to EEC. The address is on the application.
- 2. If you plan to be left alone with children you must become certified in First Aid and CPR for infants and children.** Contact your local Red Cross or local hospital to register for a course.